

APPENDIX 1

Aim of the Clubs

- Give regular access to a sustainable supply of Food to people at Risk of food insecurity
- Encourage families to access local support services and signposted to other agencies
- Increase disposable income for local families to improve life chances and wellbeing
- Reduce the amount of food being sent to landfill in the UK by utilizing surplus food.

The actual activity takes place as follows:

- Volunteer Facilitated (volunteers all formally trained)
- 2 hour session
- Delivered from community venue
- FARE Share deliver food day before club (FARE Share is the UK's national network of charitable food redistributors, made up of 18 independent organisations. Together, they take good quality surplus food from right across the food industry and get it to almost 11,000 frontline charities and community groups).
- Food club is equipped with x 2 American fridge freezers and shelf storage for ambient.
- Family book a time slot previous week and turn up at allocated time on day of club.
- Payment taken by volunteer (cash and card)
- Volunteer then fills bag with a range of fresh, frozen and ambient produce which can differ depending on deliveries from fare share.
- Family checks they are happy with food and signs it off to accept content and allergy guidelines.

Membership

- Each family pays £1 per year membership
- £3.50 each week for food
- Each Club has a limit of 70 members
- 50 active attendees every week.
- Family only eligible to be members for one year so more people can benefit from scheme.